



2011 Acclaimed Speaker Series Presents

It's Their Life:

Supporting Adults with Developmental Disabilities & Autism

Friday, April 29, 2011

9:00 am – 5:00 pm

Saturday, April 30, 2011

9:00 am – 3:00 pm

Keynote Presentations by

Nora Baladerian, Ph.D. (Friday Only)

Nora is a licensed clinical psychologist and a licensed marriage, child, and family counselor. Dr. Baladerian has worked for over 38 years addressing issues affecting child/adult/elder victims of abuse who have significant disabilities, including developmental disabilities such as intellectual disabilities, autism, cerebral palsy, and other conditions. Sexual assault among this population is epidemic. Her work is both in risk reduction as well as criminal justice response. She conducts training programs to law enforcement including prosecutors, judges, investigators, victim's advocates, and protective services professionals among others on improving criminal justice services to members of this population.

Florene Stewart Poyadue, R.N., MFCC, Hon. Ph.D. (Saturday Only)

Florene is a Registered Nurse, holds a BA in education, an MA in Marriage, Family & Child Counseling, and an Honorary Ph.D. in community service from Santa Clara University. Published credits include *The Parent to Parent Handbook: Connecting Families of Children With Special Needs* and Florene will be launching her new book at this conference. As founder of Parents Helping Parents, Inc., Florene has 30 years experience working with families & children.

Friday, April 29th 9:00 Keynote, Breakout Sessions 10:30 am to 5:00

Audience	Session	10:30am-12:00nn
All	F10	Employment and Transition, Looking to a Real Life - <i>Debra McLean, Salem, OR</i> We will discuss how schools, families and agencies can more effectively partner to obtain paid employment for All students with disabilities. Use of person centered employment planning and a belief that everybody can work is integral to the process. Debra McLean is passionate about seeing all people obtain employment. She has been intrigued with community building and person centered planning as a way to see individuals with a variety of support needs succeed in jobs that fit them since 1981.
All	F11	Social Skills and Sexuality - <i>Holly Wade, Ph.D., Palo Alto, CA</i> Where do you begin? This session will focus on how to recognize the need for social sexuality support for our youth, and how to build programs that can foster understanding and partnership among individuals, schools, agencies and families.
DD	F12	Now What Do I Do? - <i>Rita Gerusa, Conservatorship Coordinator, The Good Shepherd Fund, Gilroy, CA</i> Emphasis will be given to the last 3 stages of the life cycle with a particular focus in preparing our own end of life work as parents. It is during this last stage of life that parents begin to explore their options for the continued oversight of their adult child with a disability. The speaker will explain the regional center's role, conservatorship with a family member and the role of the conservator with a private organization.
HFA	F13	Lifelong Support of Adults on the Autism Spectrum - <i>Nancy Perry, Ph.D., Newark, CA</i> The presentation suggests ways to adjust to having a child with lifelong disabilities and to prepare them for a meaningful adult life outside the parental home, as their non-disabled peers do. Support systems are explained that allow adults with ASD to live successfully in supported independence. Real life stories are plentiful & video clips illustrate examples.
Audience	Session	1:00pm-2:45pm
HFA	F14	Why Traditional Services Aren't Working for Clients with Autism Spectrum Disorders & What Does - <i>Jan Johnston-Tyler, MA, Sunnyvale, CA</i> Many adults with developmental disabilities are well-served by support systems. However these services are often not available or are a very poor fit for adults with ASDs. Learn why individuals with ASDs also need transitional, vocational, and in-home help, and what can be done to secure these services- working in & out of the system.
All	F15	Parents: Get Your Head Out of the Sand - <i>Nora Baladerian, Ph.D., Orange, CA</i> How to talk with your young adult child about sex is a dilemma for many parents. Some hope they will not have to talk about sex with their children and it works when the child does not have a disability, but when the child has an intellectual or other disability, this job falls to the parents. This will be a lively discussion of how to address sexuality, reproduction, safer sex, dating and other topics with one's adolescent, young adult or older child. Too shy? Write your questions!
All	F16	Special Needs Trusts - <i>Rebecca Weisman, Esq., San Jose, CA</i> A Special Needs Trust (SNT) is a device set up to provide for the special needs of a person with a disability and to ensure that the disabled person with assets over \$2,000 is still able to receive S.S.I., Medi-Cal and other government assistance necessary for their health and well-being.
DD	F17	40 Free or Low Cost Tools for Adults with Developmental Disabilities - <i>Debbie Drennan, MSW, AT Specialist, PHP</i> Assistive technology (AT) is a continuum of devices and tools, from low-tech to high-tech. Everyone agrees that the right AT tools can provide a person with a disability the opportunity for increased independence and community access.

Friday, April 29th Continued

Audience	Session	3:05pm-4:50pm
DD	F18	Conservatorship - <i>Rebecca Weisman, Esq., San Jose, CA</i> A Limited Conservatorship is a court process which will give you many of the rights you had over your child as a minor, but lost when he or she reached 18 years of age.
HFA	F19	Why Traditional Services Aren't Working for Clients with Autism Spectrum Disorders & What Does - <i>Jan Johnston-Tyler, Sunnyvale, CA</i> Many adults with developmental disabilities are well-served by support systems. However these services are often not available or are a very poor fit for adults with ASDs. Learn why individuals with ASDs also need transitional, vocational, and in-home help, and what can be done to secure these services- working in & out of the system.
DD	F20	Physical Interventions in the Management of Challenging Behavior: The experiences of people with developmental disabilities. - <i>Justine Barksby, Nottingham, UK</i> Physical restraint, seclusion and medication have been common interventions for the management of challenging behaviors displayed by people with developmental disabilities. This qualitative study explores these experiences. The interesting findings include feeling angry and scared but also the results demonstrate some surprising responses. The findings add to the research to support the need for person centered approaches in behavior support and the need to move to more positive approaches.
All	F21	Employment and Transition, Looking to a Real Life - <i>Debra McLean, Salem OR</i> We will discuss how schools, families and agencies can more effectively partner to obtain paid employment for All students with disabilities. Use of person centered employment planning and a belief that everybody can work is integral to the process. Debra McLean is passionate about seeing all people obtain employment. She has been intrigued with community building and person centered planning as a way to see individuals with a variety of support needs succeed in jobs that fit them since 1981.

Saturday, April 30th 9:00 Keynote, Breakout Sessions 10:30 am to 3:00 pm

Doors Open at 8:30

Audience	Session	10:30am-12:00nn
All	S10	How to Successfully Navigate the SSI Application Process - <i>Daniel Fortuño, CEO, Benefits Education Center, San Francisco, CA</i> Navigating the Supplemental Security Income (SSI) application process can be tricky with intricate maneuvering. All the information that you can collect and prepare in advance is critical to a successful application. Everything from applicant's age, medical records, how well the disability is documented, and any work history will come into play in the application process.
HFA	S11	Adults with ASD Talk About Living Independently: A Panel Discussion - <i>Karen Glass, OTR, Sunnyvale, CA</i> A thought provoking panel discussion amongst adults with ASD living independently in the community. They will be given topics in advance to include: employment, living arrangements, issues with room-mates, coping with daily challenges, leisure, what was most helpful/least helpful in their transition.
DD	S12	CIRCLES: Levels of Touch, Talk and Trust - <i>Tonia Shaw, Circles Instructor, PHP, San Jose, CA</i> The CIRCLES Program teaches social distance and levels of intimacy through the use of six color coded concentric circles. The program teaches students how relationships can be formed and maintained according to the social norms of our day. Thus, the CIRCLES Program lays the foundation for people with social deficits due to their disabilities to manage the amount of personal responsibility and social integration in their lives.
All	S13	One of the Most Fundamental Issues Confronting Families: Financial Planning - <i>Ted Moorhead, San Jose CA</i> As the parent or guardian of a child with a disability, one of your greatest challenges is providing for your loved one's ongoing financial security. Addressing your complex financial needs successfully will require a strategy that goes beyond investment advice to integrate estate planning, insurance, and trust considerations.
Audience	Session	1:00pm-2:45pm
DD	S14	Critical Steps for Protecting Loved Ones: Legally & Financially - <i>Lorna Drope, J.D., Cupertino, CA</i> Learn how to preserve needs-based governmental benefits and maximize quality of life for loved ones with disabilities through special needs planning. Protect loved ones with disabilities from harm and exploitation by predators through special needs trusts and limited conservatorships. Learn the first five steps in special needs planning and the top five most common mistakes to avoid.
All	S15	A Place of My Own: Housing Options - <i>Sara Grington, Executive Director, Housing Choices San Jose, CA</i> Choosing the right type of housing option is always a difficult decision for family members of adults with developmental disabilities, especially when that person says they want a "place of their own". Listen to a panel of parents speak about their own families' experiences with different housing models as well professionals discuss different options and services that are available.
All	S16	Companionship, Love & Marriage ♥ - <i>Florene Poyadue, RN, MFCC, Ph.D., San Jose, CA</i> An interactive (sometimes humorous) session based on two real life love stories and marriages. An excellent source of practical information for parents & 'anyone' interested in a successful long term relationship - making sense of hanging on/letting go, respecting child's adulthood status, safety, planning & enjoying "the big event," merging 2 families, communicating, utilizing agencies, setting up household, paying bills, banking, daily nutrition, health care, socializing, utilizing technology to aid many transitions, understanding the difference between 'need' and 'want', & so much more, letting go fear and having a little fun.
All	S17	Creating Healthy Self-Esteem: Panel - <i>Elizabeth Batson, Counseling Intern, San Jose, CA</i> Self-esteem is an important component in positive mental health. This workshop will present both scientific research and personal stories about how adults with developmental disabilities can repair self esteem damaged by childhood experiences. You will gain insight into the factors affecting self esteem in people with developmental disabilities, strategies used by adults with developmental disabilities who needed to construct a healthy self esteem and how you might support similar growth in others.

"It's Their Life" Conference Registration April 29-30, 2011

I am a **Parent** **Other** (Indicate) _____ **Professional (type)** _____

I require: Wheel Chair Access Other Accommodation - describe _____

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"It's Their Life" Conference!

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Indicate the Breakout Sessions that
you plan to attend on Friday.

<input type="checkbox"/>	F10	10:30am-12:00nn
<input type="checkbox"/>	F11	10:30am-12:00nn
<input type="checkbox"/>	F12	10:30am-12:00nn
<input type="checkbox"/>	F13	10:30am-12:00nn
<input type="checkbox"/>	F14	1:00pm-2:45pm
<input type="checkbox"/>	F15	1:00pm-2:45pm
<input type="checkbox"/>	F16	1:00pm-2:45pm
<input type="checkbox"/>	F17	1:00pm-2:45pm
<input type="checkbox"/>	F18	3:05pm-4:50pm
<input type="checkbox"/>	F19	3:05pm-4:50pm
<input type="checkbox"/>	F20	3:05pm-4:50pm
<input type="checkbox"/>	F21	3:05pm-4:50pm

Check only one box per timeslot

Indicate the Breakout Sessions that
you plan to attend on Saturday.

<input type="checkbox"/>	S10	10:30am-12:00nn
<input type="checkbox"/>	S11	10:30am-12:00nn
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<input type="checkbox"/>	S13	10:30am-12:00nn
<input type="checkbox"/>	S14	1:00pm-2:45pm
<input type="checkbox"/>	S15	1:00pm-2:45pm
<input type="checkbox"/>	S16	1:00pm-2:45pm
<input type="checkbox"/>	S17	1:00pm-2:45pm

Check only one box per timeslot

More information about each session is
available on the website.
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conference.

Save another \$5 by using the Online Registration at www.php.com/itstheirlife

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#2 First Name _____ Last Name _____

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After 3/15

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All fees are Per Person

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Request for reduced fees must be in writing only-no phone calls. Indicate amount you *are able* to pay.

Cancellations must be made in writing and the following charges will apply. Up to 1 month prior **50%**; Up to 1 week prior **75%**; 10 days or less **Full fee**. The cancellation charge will be enforced but we are happy to accept substitute attendees.

Checks Payable to: PHP or Parents Helping Parents

VISA MasterCard Name on card _____ **Amount to Charge:** _____

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Building Bright Futures for Children With Special Needs

2011 Acclaimed Speaker Series Presents

It's Their Life

**Supporting Adults with Developmental Disabilities &
Autism Spectrum Disorders**

April 29-30, 2011

Target Audience: Parents, caregivers, professionals and paraprofessionals working with individuals who have lifetime support needs that are nearing or in adulthood.

Don't Miss the Early Bird Rate!

Save another \$5 by registering online at www.php.com/itstheirife

Seating limited to 170 so register early!

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Paul Griffith, D.D.S.

Questions? Call 408-727-5775 or visit www.php.com/itstheirife

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